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# The Effect of Fluence Variations of Nd:YAG Laser Ablation and Sample Condition on Human Tooth

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#### ABSTRACT

Nd:YAG laser has shown some potential to be used in dental practice replacing the conventional method. In particular, it can be used to modify the tooth surface by the ablation process. The laser provides an ability to accurately deliver a significant amount of energy into a confined region. Thus, alteration of the sample surface and composition may occur during the process. Additionally, the use of a laser in ablation procedure is also associated with heat generation and potential thermal injury that may be experienced by a patient. The wet condition of the samples is expected to reduce the thermal effect. In this paper, the changes of enamel surface and elemental composition following laser irradiation of Nd: YAG laser are discussed. The teeth samples were irradiated at 1.5 Hz of pulse rate, 100 ms of pulse width, and range of fluences of 80-120 J/cm<sup>2</sup>. Field Emission Scanning Microscopy (FESEM) and Energy Dispersive X-ray (EDX) were used to analyze the morphology and composition of the teeth samples. Samples were compared before and after laser irradiation. The percentages of carbon increased after laser irradiation, while oxygen decreased for most of the samples. The morphologies of the samples were varied with a more pronounced effect on the sample surface at higher fluence. In addition, the effect of wet sample condition is also investigated and discussed. It is demonstrated that the ablation in wet condition produced less damage to the enamel surface compared to dry sample. However, no remarkable difference between the elemental composition of wet and dry samples.

#### 1. Introduction

Laser has been successfully used in dental applications such as for caries prevention, etching bond strength, restorative procedure, gum recontouring, and surgical procedure [1-3]. Research on medical laser in dental practice has been conducted for several years to investigate the potential and suitability of laser devices and its parameters for replacing the conventional method. However, careful consideration has to be made on selecting parameter settings, types of laser, wavelength, energy, pulse duration, absorption properties and scattering effect. In particular, the interactions of the laser with tissues are pivotal for selecting laser system and operating procedure that will best suit the application in dentistry.

A laser is categorized into four types depending on the medium used, whether it is a liquid, solid-state, gas and semi-conductor. Among all types of laser, Nd:YAG is commonly used in dentistry. The first pulsed Nd:YAG laser was released in 1990 specifically for the dental market [1]. Common laser parameters include fluence, pulse width and pulse rate. Fluence is the optical energy per unit area. Whereas, the pulse width can be defined as the amount of time the laser releases its energy or emits the laser pulse. Pulse rate indicates the number of pulses emitted per second.

In dentistry, Nd:YAG laser has been used for caries prevention [3], germ removal, and modify the bond strength and surface treatment [4, 5]. Nd:YAG laser possesses a suitable wavelength for

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high diffusion through hydroxyapatite and water, and soft tissue due to its behaviour of having high penetration depth [6]. Additionally, pre-treatment by Nd:YAG laser irradiation of etchand-rinse adhesive appeared to have a positive effect on the adhesive-dentin bonding [5]. An in-vitro study by Beketova et al. suggested that Nd:YAG laser has potential in inducing bioactivity of dental ceramic [7].

Eventhough many research had shown the positive effect of using Nd:YAG laser, the impact toward the exposed tissues need to be considered to avoid damage and deterioration of the tissue. Issues related to the ablation process of dental tissue include irregular surface modification, charring, and peripheral cracks [8]. These issues are also associated with dry ablation. An alternative method by lasers for dental ablation characterize the risk involved such as thermal damage experience by patient compare to traditional cavity preparation methods. Moreover, heat generation is crucial as it may lead to painful sensations and potential thermal injury [8-11].

Laser ablation requires sufficient energy to remove material from the tooth by ejecting the electrons from its atom. A study by Cecchini et al. reported that dimineralization of enamel occurs after laser irradiation. Change in morphology is indicated with cracks and crater presence after irradiation [12]. In addition, a research conducted by Khatavkar and Hegde found that Er:YAG laser cause an etching effect on a surface that is comparable to conventional acid etching [13]. Increasing the energy parameters produced a difference surface morphology of enamel from roughening to an etching-like micro-roughen pattern based on a Field Emission Scanning Electron Microscope (FESEM) evaluation.

Histological evaluation on the efficiency of employing ultrashort pulsed laser in dentin and enamel caries removal provided the positive result as no morphological changes and no side effect indicated in the healthy areas of dentin and enamel [8-9]. On the other hand, morphological studies on enamel and dentin irradiated with Nd:YAG laser with different energy densities shows that enamel exhibits shallow crater than dentin due to the fact of varying composition between them. Enamel tissues are found to be more calcified, tight and hard which promotes fissures due to sudden heat distribution throughout the surface. However, the high number of shots resulted in significant changes in morphology with total eradication of smear layer [14].

Besides, the elemental composition of the enamel may also be altered due to the laser irradiation subjected to the sample. According to Al-Hadeethi et al., 2016, radiation by high energy laser melts the enamel surface, which then increased energy density, and thus increases carbon element [15]. Moreover, photothermal evaporation during laser irradiation caused a reduction of water molecules [16]. The changes in water molecules may be assessed by examining the oxygen composition. Interestingly, calcium, phosphorus, and the Ca/P ratio in the sample indicate the hardness of the tooth.

The condition of the sample whether dry or wet plays an important role towards the surface produced after the ablation process. A study by Bartoli et al. on stone cleaning application indicates that ablation in wet condition is more efficient due to vaporization process of water molecules [17]. This statement is

also supported by a study conducted on a wet film that suggests the wet condition has less resistant to the laser irradiation [18]. Thus, thermal conductivity, heat transfer and vaporization process that occur during the ablation process may result in different morphological changes of the tooth samples.

This research was done to investigate the effect of Nd:YAG laser fluences on the enamel of the human tooth. Other laser parameters such as pulse width and pulse rate were kept constant. Surface morphology and elemental composition of the enamel were analysed before and after laser irradiation. Additionally, the condition of the sample whether wet or dry is also examined to identify the differences outcome of the laser ablation process. This paper is an extension of work originally presented in the 39<sup>th</sup> International Conference of IEEE Engineering in Medicine and Biology Society [19].

# 2. Methods

#### 2.1. Sample Preparation

In this study, seven premolar human teeth were used as the sample. Teeth were collected from the dental clinic of the Advanced Medical and Dental Institute (AMDI), Universiti Sains Malaysia (USM) in Penang, Malaysia. The collected samples were stored individually in a plastic container containing normal saline. Samples were carefully selected, and only healthy teeth were used for the study. Ethical approval for this study has been obtained from the Human Research Ethics Committee of Universiti Sains Malaysia.

Debris on the teeth was removed using a brush and cleaned using water. Then, the cleaned tooth was cut into two using an IsoMet Low-Speed Saw, (Buehler, US). After that, the tooth was mounted in a designated container, and the surface of the mounting was covered with a mixture of resin and hardener. The amount of the resin and the hardener were measured carefully by volume. The sample surface was then polished using a grinding and polishing machine, MetaServ 250 Grinder Polisher (Buehler, Germany). During the grinding procedure, a rotating disk of abrasive paper was used, and it was flushed simultaneously with a coolant to remove debris and minimize the heat.

# 2.2. Laser Irradiation

Seven premolar teeth were used in this study. Samples were irradiated with Nd:YAG laser (Cynosure, US) at a wavelength of 1064 nm. A 5 mm laser tip was used. The teeth were irradiated with a fluence of 80, 90, 100, 110, and 120 J/cm<sup>2</sup>, a pulse rate of 1.5 Hz, and a pulse width of 100 ms. One sample was irradiated for each fluence. Thus, a total of five samples were irradiated in dry condition. The distance of the laser tip was kept constant during the irradiation procedure to ensure a consistent spot size on the enamel surface.

#### 2.3. Sample Analysis

Electron Dispersive X-ray Spectrometer (EDX) and FESEM were used to analyse the samples. The image of the sample was captured, and the morphological analysis was made using the FESEM at several magnifications. The elemental composition in terms of atomic percentage and weight percentage was recorded using the EDX system. The morphology and data on the elemental composition of the samples were compared before and after laser irradiation.

### 2.4. Sample Condition

Wet samples were also tested to investigate whether the samples produce different morphology compared to the dry samples. Water spray was applied onto the sample surface before the irradiation process. Two samples were irradiated in the wet condition.

# 3. Results and Discussion

### 3.1. Effect of Fluence Variations

The morphology of the enamel surface had been captured before and after laser irradiation with different fluence energies applied to each sample. Figure 1 shows the surface morphology of tooth sample before and after laser irradiation with 80 J/cm<sup>2</sup> at 5000x magnification. The surface appeared rough and non-uniform with large bubbles present after irradiation as compared to before irradiation.

Table 1 presents the identified elements by atomic and weight percentages before and after laser irradiation at 80 J/cm<sup>2</sup>. In this table, C is carbon, O is oxygen, Na is sodium, P is phosphorus, Cl is chlorine, Ca is calcium, and Si is silicon. Carbon had the highest atomic percentage after irradiation (54.38%) followed by oxygen (28.20%). Similarly, the weight percentages were 37.78% and 26.10%, respectively. Interestingly, oxygen was the highest element before irradiation. Elements such as Na, P, and Cl were not largely affected after laser irradiation since the atomic and weight percentages were muchly smaller compared to other elements.

 

 Table 1: Identified elements by atomic percentage and weight percentage, before and after laser irradiation at 80 J/cm<sup>2</sup>.

Element	Before Irradiation		After In	radiation
	Atomic	Weight	Atomic	Weight
С	13.31	7.24	54.38	37.78
0	53.87	39.02	28.20	26.10
Na	0.65	0.68	0.40	0.54
Р	12.48	17.51	6.09	10.92
Cl	0.70	1.13	0.62	1.25
Ca	18.97	34.42	9.61	22.27
Si	-	-	0.70	1.14
Total	100.00	100.00	100.00	100.00

Figure 2 shows the surface morphology of the tooth sample before and after laser irradiation with 90 J/cm<sup>2</sup> at 5000x magnification. The image consists of large indentations with less bubbles evenly disperse throughout the surface. However, more bubbles were present, and the surface appeared rough after being irradiated by laser at 90 J/cm<sup>2</sup>, indicating that the resulted surface had more damages as compared to the sample in Figure 1. However, the surface of the sample before irradiation as shown in

the left panel appeared scalier compared to the first sample in Figure 1.



Figure 1: Surface morphology of tooth sample before (left) and after laser irradiation (right) of 80 J/cm<sup>2</sup> at 5000x magnification.



Figure 2: Surface morphology of tooth sample before (left) and after laser irradiation (right) of 90 J/cm<sup>2</sup> at 5000x magnification.

Table 2 presents the identified elements by atomic and weight percentages before and after laser irradiation at 90 J/cm<sup>2</sup>. Oxygen, phosphorus, and calcium decreased in both atomic and weight percentages. The percentage difference of weight changes were less than 12% individually for oxygen, phosphorus, and calcium. The highest element after irradiation was oxygen, eventhough oxygen slightly decreased after irradiation. Nevertheless, carbon increased after the irradiation, from 21.33% to 38.85% of atomic percentage. Chlorine and silicon were not extremely modified by the irradiation.

The surface morphology of tooth sample before and after laser irradiation with  $100 \text{ J/cm}^2$  at 5000x magnification is shown in Figure 3. Enamel surface appears smooth and shiny with evenly choppy texture. Nonetheless, the appearance of the enamel changed after laser irradiation resulting in a rough, and an uneven bubble distribution on the surface of the sample.

Table 3 presents the identified elements by atomic and weight percentages before and after laser irradiation at 100 J/cm<sup>2</sup>. In this table, Al is aluminium. Oxygen, phosphorus and calcium decreased significantly while carbon increased by almost triple the value before irradiation. The atomic percentage of oxygen was largely reduced, which was from 52.26% to 36.68%. Other elements were not significantly changed.

The tooth sample before and after laser irradiation with 110  $J/cm^2$  at 5000x magnification is shown in Figure 4. The surface appears uniform and rough with fewer indentations before laser irradiation. However, cracks and non-uniform surface were presented after exposing the sample to laser irradiation.

Element	Before Irradiation		After Ir	radiation
	Atomic	Weight	Atomic	Weight
С	21.33	12.44	38.85	25.13
0	51.89	40.31	40.01	34.48
Na	-	-	0.74	0.92
Р	10.21	15.36	7.57	12.63
Cl	0.42	0.71	0.53	1.01
Са	15.70	30.56	11.20	24.17
Si	0.45	0.62	1.10	1.66
Total	100.00	100.00	100.00	100.00

 Table 2: Identified elements by atomic percentage and weight percentage, before and after laser irradiation at 90 J/cm<sup>2</sup>.

Table 3: Identified elements by atomic percentage and weight percentage, before and after laser irradiation at 100 J/cm<sup>2</sup>.

Element	Before Irradiation		After In	radiation
	Atomic	Weight	Atomic	Weight
С	18.66	10.63	44.37	30.19
0	52.26	39.63	36.68	33.25
Na	0.63	0.68	0.55	0.71
Р	11.57	16.99	7.66	13.45
Cl	-	-	0.48	0.96
Са	16.88	32.07	7.59	17.24
Si	-	-	1.91	3.04
Al	-	-	0.76	1.16
Total	100.00	100.00	100.00	100.00



Figure 3: Surface morphology of tooth sample before (left) and after laser irradiation (right) of 100 J/cm<sup>2</sup> at 5000x magnification.

Table 4 presents the identified elements by atomic and weight percentages of the tooth sample before and after laser irradiation at 110 J/cm<sup>2</sup>. The percentages of carbon, oxygen, and sodium reduced after laser irradiation. However, the change in oxygen was very light compared to the changes in carbon. Both atomic and weight percentages of phosphorus and calcium were increased. Yet, the changes in calcium were profound compared to

phosphorus. Chlorine and silicon were not detected before irradiation but appeared after irradiation with a very small percentage.



Figure 4: Surface morphology of tooth sample before (left) and after laser irradiation (right) of 110 J/cm<sup>2</sup> at 5000x magnification.



Figure 5: Surface morphology of tooth sample before (left) and after laser irradiation (right) of 120 J/cm<sup>2</sup> at 1000x magnification.

Figure 5 shows the surface morphology of a tooth sample before after laser irradiation at 120 J/cm<sup>2</sup> at 1000x magnification and 500x magnification, respectively. The surface of the sample before irradiation was scaly and uneven. Nevertheless, the surface appeared even with tiny hollows after laser irradiation.

Table 4: Identified elements by atomic percentage and weight percentage, before and after laser irradiation at 110 J/cm<sup>2</sup>.

Element	Before Irradiation		After In	adiation
	Atomic	Weight	Atomic	Weight
С	35.76	23.68	26.18	15.21
0	45.66	40.28	45.26	35.01
Na	0.55	0.70	0.41	0.45
Р	8.94	15.26	11.19	16.76
Cl	-	-	0.32	0.56
Ca	9.09	20.08	16.23	31.45
Si	-	-	0.41	0.56
Total	100.00	100.00	100.00	100.00

Table 5 compares the elemental compositions of a tooth sample before laser irradiation and after laser irradiation of 120 J/cm<sup>2</sup>. In this table, Mg is magnesium. Before irradiation, oxygen has the highest atomic percentage with 38.29%, followed by calcium with 28.15%, phosphorus with 16.38%, and carbon with 16.24%. The

highest weight percentage is calcium with 45.68%, followed by oxygen, phosphorus, and carbon. Carbon and oxygen increased after laser irradiation. However, other elements decreased after laser irradiation. The percentages of silicon, sodium, magnesium and chlorine were considered not significant compared to other elements in this sample.

Table 5: Identified elements by atomic percentage and weight percentage,	before
and after laser irradiation at 120 J/cm <sup>2</sup> .	

Element	Before Irradiation		After In	radiation
	Atomic	Weight	Atomic	Weight
С	16.24	7.90	35.70	22.32
0	38.29	24.81	40.74	33.92
Na	0.54	0.50	0.30	0.36
Р	16.38	20.54	8.52	13.72
Cl	0.40	0.57	0.37	0.69
Са	28.15	45.68	12.84	26.79
Si	-	-	1.33	1.95
Mg	-	-	0.20	0.25
Total	100.00	100.00	100.00	100.00

3.2. Effect of Wet Sample Condition

Figure 6 shows the surface morphology of the tooth sample before and after laser irradiation of 80 J/cm<sup>2</sup> at a wet condition. The surface after laser irradiation at a wet condition appeared more uniform with tiny holes presented. Additionally, Table 6 compares the identified elements by atomic percentage and the weight percentage of the tooth sample before and after laser irradiation of 80 J/cm<sup>2</sup> at the wet condition. In this table, C is carbon, O is oxygen, Na is sodium, P is phosphorus, Ca is calcium, Si is silicon, and Mg is magnesium.

Oxygen was the highest element before irradiation, followed by calcium and phosphorus. After laser irradiation, the atomic percentage of oxygen reduced significantly while slight changes can be observed in the weight percentage. On the other hand, carbon increased massively to almost six times of its atomic percentage and nine times of its weight percentage, becoming the highest element exist in the sample. Phosphorus and calcium were also decreased after laser irradiation. Silicon was not detected before irradiation, but appeared after irradiation with a very small percentage. Nevertheless, sodium and magnesium were not found in the sample after irradiation.

Figure 7 presents the surface morphology of a tooth sample before and after laser irradiation of  $110 \text{ J/cm}^2$  at a wet condition with a magnification of 1000x, and 500x, respectively. The sample appears uniform, smooth and without crack formation. Additionally, Table 7 shows the identified elements by atomic percentage and weight percentage before irradiation and after laser irradiation of 110 J/cm<sup>2</sup> at the wet condition.

Oxygen was the highest element in the sample before irradiation and after laser irradiation, eventhough it was largely

decreased after irradiation. Additionally, carbon also decreased after laser irradiation. Other elements include sodium, phosphorus, and calcium were increased after laser irradiation. However, the increased in calcium was significant compared to the changes in phosphorus and sodium. Chlorine and silicon were not detected before irradiation but appeared after irradiation with a very small percentage.



Figure 6: Surface morphology of the tooth sample before laser irradiation (left) at 1000x magnification and after laser irradiation with 80 J/cm<sup>2</sup> at wet condition (right) at 500x magnification.



Figure 7: Surface morphology of the tooth sample before laser irradiation (left) at 1000x magnification and after irradiation with 110 J/cm<sup>2</sup> at wet condition (right) at 500x magnification.

Table 6: Identified elements by atomic percentage and weight percentage, before and after laser irradiation of 80 J/cm<sup>2</sup> with wet condition.

Element	Before Irradiation		After Irradiation	
	Atomic	Weight	Atomic	Weight
С	8.66	4.87	49.12	38.46
0	62.60	46.88	43.59	45.46
Na	0.54	0.59	-	-
Р	11.90	17.26	4.28	8.63
Ca	16.06	30.14	2.47	6.47
Si	-	-	0.54	0.98
Mg	0.24	0.26	-	
Total	100.00	100.00	100.00	100.00

Figure 8 presents the bar charts on atomic and weight percentage of C, O, P and Ca before irradiation on the top panel and after laser irradiation of 80 J/cm<sup>2</sup>, 90 J/cm<sup>2</sup>, 100 J/cm<sup>2</sup>, 110 J/cm<sup>2</sup>, and 120 J/cm<sup>2</sup> on the bottom panel. These four elements

were selected for further comparison across samples as they have more significant values, highly associated with the ablation process, and important element for tooth sample. In this figure, C is carbon, O is oxygen, P is phosphorus, and Ca is calcium.

Table 7: Identified elements by atomic percentage and weight percentage, before
and after laser irradiation of 110 J/cm <sup>2</sup> with wet condition.

Element	Before Irradiation		After In	radiation
	Atomic	Weight	Atomic	Weight
С	22.59	14.93	18.57	10.18
0	60.93	53.63	48.44	35.35
Na	0.50	0.63	0.51	0.54
Р	8.84	15.07	12.31	17.40
Cl	-	-	0.55	0.89
Ca	7.14	15.74	19.20	35.11
Si	-	-	0.42	0.53
Total	100.00	100.00	100.0	100.00

There is an abundance of oxygen concerning the atomic and weight percentages before irradiation as observed in Figure 8, followed by carbon, calcium, and phosphorus. However, the percentages of carbon and calcium were varied among these samples, whereas the percentages of phosphorus are about the same. The weight percentage of carbon following irradiation increased tremendously, except for the sample irradiated with a fluence of 110 J/cm<sup>2</sup>. After laser irradiation, the percentages of carbon were significantly increased for most of the samples while calcium and oxygen reduced profoundly. Additionally, phosphorus is not majorly changed by the laser irradiation.

In general, the increased and decreased pattern of the four elements with regards to the atomic percentage is about the same across samples. Yet, the percentage differences are highly variable from one sample to another. Only tooth sample that has been irradiated with 110 J/cm<sup>2</sup> has an opposite pattern. These patterns of element changing are almost similar for all the samples presented regardless of the fluence used during the ablation process.

Figure 9 presents the bar charts on atomic and weight percentages of C, O, P and Ca before irradiation and after irradiation with 80 J/cm<sup>2</sup> and 110 J/cm<sup>2</sup> at wet condition. The trend of tooth sample irradiated with 80 J/cm<sup>2</sup> is similar to the overall trend seen in Figure 8. Nevertheless, the trend of tooth sample irradiated with 110 J/cm<sup>2</sup> is contrary.

Comparing the same fluence used at 80 J/cm<sup>2</sup> but at different sample conditions, wet and dry, the percentage of carbon increased almost similar. However, the oxygen content of the dry sample is relatively higher compared to the dry sample. However, the changes in oxygen before and after irradiation for both conditions are about the same. In contrast, the percentage difference of calcium before and after irradiation was less for the wet sample. Thus, calcium is not muchly modified by the laser irradiation in the wet condition. The samples irradiated with 110 J/cm<sup>2</sup> resulted in a lower percentage of carbon either at the wet or dry condition. The percentage of oxygen also decreased eventhough the wet sample has a larger percentage difference before and after laser irradiation. The percentages of phosphorus and calcium are not much different with regards to the wet or dry condition of the sample.

Theoretically, the higher the energy applied to the samples, more interactions occur giving more energy to the atom, and thus resulted into modifications in both morphology and mineral composition. Formation of cracks, shallow pit and fissures can be seen after higher fluence was applied. Nevertheless, wet samples appear uniform, flat, smooth and less crack formation as shown in Figures 6-7. Shallow indentation appearance on dry sample provides information on the rough surface caused by the laser with huge bubbles presented.

Inconsistent results of the tooth elements modifications show that the effect of the laser varies. Technically, it relies on the laser parameters include fluence energy, pulse width and pulse rate. However, the teeth samples used also affect the outcome. Despite the difference fluence used during ablation, the surface morphology and elemental composition of the collected teeth samples were also varied. Thus, the outcome is also expected to be varied, and the difference in the percentages of the elemental composition are assessed to conclude.

Carbon undergoes percentage increment after laser interaction with the samples in almost all fluence energies applied except irradiation at 110 J/cm<sup>2</sup>. This explains the undesired carbonization phenomena within the tissues. As the temperature increases, the tissues tend to experience dehydration and eventually burned. Based on the ablation methodology, the absorption of laser beam energy process occurs on the tooth surface makes the surfaces become more carbonize [15, 20].

In contrast, carbon composition of the sample irradiated with 110 J/cm<sup>2</sup> experienced reduction, which is unexpected. This might due to the natural condition of the tooth sample. The carbon content of a tooth sample is correlated to several factors include enamel maturity, diets intake and caries susceptibility [21]. Increase caries susceptibility has been associated with the increase in carbon element [22]. Additionally, hypoplastic enamel contains more carbon compared to well-calcified enamel. Thus, the collected samples may vary in terms of enamel density, the number of enamel layers and the weight of enamel layers. In particular, the variation in enamel density results into the variation of optical property and laser absorption of the enamel layer. Thus, the contradict changes in carbon percentage is multifactorial and possibly due to the optical property of the sample itself.

In the case of the sample that has been exposed to a fluence of 80 J/cm<sup>2</sup>, the carbon content appears to be the highest, even after the lowest fluence exposure. Photothermal interactions of the laser with tissues include absorption, penetration, scattering and reflection. The undesired carbonization occurs due to the higher interactions with biochemical compounds in the tissue sample. Similarly, this is potentially due to the enamel density and optical property of the sample.

Although the elemental composition might not largely affect, the surface morphology seems to have better form when the



surface is in the wet condition during laser irradiation. The wet condition of the samples changes the morphological appearance of a tooth surface as shown in Figures 6-7. Rough texture resulted from the dry sample leads to heat generation and thus charring pattern on the tooth surface. At a higher laser fluence, tooth surface may appear with a burning effect and peripheral cracks.

The application of water spray has been associated with low laser-ablation efficiency, as reported in several studies. The use of water spray also ensures the rehydration of mineral contains in the tissue [23]. This is particularly important for Nd:YAG laser ablation in which the influence of the water layer on maintaining the mineral content while preventing stalling and excessive peripheral damage. However, for dental application, the use of water spray is necessary to avoid heat sensation to the patients. A fluence up to 100 J/cm<sup>2</sup> seems acceptable to be used in addition to the wet condition of the sample, as seen from this study.

There are some limitations in this study. It is almost impossible to gather samples that have the similar amount of elemental composition. The compositions are highly variable among all the samples, and some other confounding factors such as enamel density, maturity and calcification may contribute toward the variation. Moreover, morphological appearance of one sample to another was also varied. Some of the samples may have

been through a dental treatment which changed the morphological and elemental composition. Thus, comparison of the morphology and elemental composition has to be assessed based on the changes before and after laser irradiation.

As a suggestion, a larger number of samples can provide more statistically significant of the reduction and increment of the elemental composition. Selecting teeth sample from the same subject may reduce the variation. Additionally, the thickness of the sample can be standardized to minimize enamel laver variation, and topography analysis have to be carried out prior to the sample selection. Thus, by considering the sample selection criteria, almost similar or identical enamel characteristics can be selected.

#### Conclusions 4.

Laser irradiation affects dental hard tissues physically and chemically as seen from the percentage difference of elemental compositions and the resulting surface morphology of the samples in this study. This study shows that the irradiation of 100 J/cm<sup>2</sup> obtained less damage on enamel surface compared to the results of higher fluence irradiation. In general, the percentage of carbon increased as an effect of the ablation process, whereas the percentage of oxygen decreased. Phosphorus is not significantly



Figure 9: Bar charts of C, O, P and Ca before laser irradiation in terms of a) atomic percentage and b) weight percentage. Bar charts of C, O, P and Ca after laser irradiation of 80, and 110 J/cm<sup>2</sup> at wet condition in terms of c) atomic percentage and d) weight percentage.

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# **Conflict of Interest**

The authors declare no conflict of interest.

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